

# Seasons Menu



## Autumn Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Tea</b>	Plain Scones Jam & Cream	Apple Tea Cake Fruit Platter	Ham & Mustard Pickle Pastry Swirls	Cheerios & Tomato Sauce Fruit Platter	Rock Cakes	Sao with Tomato & Cheese	Apricot & Almond Cookie
<b>Lunch</b>	Chicken Chasseur Hasselback Potato Sautéed Baby Spinach, Carrots, Sweet Potato	Grilled Lamb & Rosemary Sausages Fried Onions Three Cheese Potato Bake Seasons Side Salad, Beetroot	Cottage Pie & Gravy Parsley Potato Pumpkin, Peas, Carrots	Corned Silverside & Parsley Sauce Mashed Potato Sweet Potato, Baby Beans, Buttered Squash	Crumbed Fish Lemon & Tartare Sauce Seasoned Potato Chips Coleslaw, Seasons Side Salad	Red Wine Beef Casserole Steamed Rice Peas, Cauliflower, Carrots	Roast Veal Served With Seasoned Stuffing & Gravy Roast Potato, Pumpkin, Green Beans, Sweet Potato
<b>Dessert</b>	Apple & Raisin Tart With Custard	Sorbet With Cream Swirl Fresh Mint Garnish	Chocolate Steamed Pudding & Custard	Fresh Cut Fruit Salad & Ice Cream	Baked Cheesecake & Cream Fruit Garnish	Tiramisu Cream & Garnish	Individual Set Jelly & Ice Cream
<b>Supper</b>	Honey Mustard Pork Soup Fresh Potato & Vegetable Selections Bread Roll Fruit Salad & Ice Cream Pot	Pumpkin Soup Egg & Lettuce Sandwich Baked Custard & Cream Swirl	Pasta Bowl (Penne Pasta With Chicken Basil Pesto Sauce) Bread Roll Peach Slices & Custard	Tomato Soup Chicken, Mayo & Lettuce Sandwich Banana Cake & Cream Swirl	Baked Zucchini & Tomato Tart Fresh Potato & Vegetable Selections Bread Roll Apple Tea Cake & Melon Wedge	Crumbed Sausages Fresh Potato & Vegetable Selections Bread Roll Peach Crumble & Custard	Baked Beans Tomato & Bacon Toast Bag Yoghurt & Mixed Berries

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## Autumn Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Tea</b>	Homemade Blueberry Muffins	Homemade Lemon Slice & Icing Fruit Platter	Iced Carrot Cake	Homemade Shortbread Biscuits Fruit Platter	Homemade Cherry & Sultana Slice	Baked Sausage Rolls Tomato Sauce	Cheese & Kabana Water Crackers
<b>Lunch</b>	Meatball Casserole Napoli Sauce Spaghetti & Garlic Bread Beans, Carrots, Broccoli	Tuscan Baked Fish Pearl Cous Cous Carrot Rings, Peas, Cauliflower	Roast Leg Lamb & Gravy Roast Potato Broccoli Mornay, Pumpkin, Parsnip	Apricot Chicken Garlic Mash Crumbed Sweet Potato, Peas, Carrot Rings	Beer Battered Flathead Seasoned Potato Chips Coleslaw, Seasons Side Salad, Beetroot	Braised Sesame Pork Steaks Mashed Sweet Potato Roast Pumpkin, Yellow Beans, Broccoli	Roast Beef Yorkshire Puddings Gravy Roast Potato Cauliflower Au Gratin, Peas, Carrots
<b>Dessert</b>	Lemon Delicious & Whipped Cream	Apple & Cinnamon Crumble & Custard	Pavlova Nests With Cream Swirls & Fresh Strawberries	Creamy Rice Pudding	Individual Two Fruit Trifle & Fresh Cream	Ice Cream Sundae	Butterscotch Mousse Cream Swirl Fruit Garnish
<b>Supper</b>	Beef Sausage & Gravy Fresh Potato & Vegetable Selections Vanilla Sponge	Potato & Leek Soup Ham, Cheese & Mustard Pickle Sandwich Mousse & Strawberry	Salad Bowl (Greek Salad, Including Diced Fetta, Salami, Spanish Onion, Cucumbers, Cherry Tomato & Olives, Lettuce Base) Apricots & Custard	Vegetable Soup Pastrami, Cheese & Tomato Sandwich Fruit Salad & Yoghurt	Braised Steaks Fresh Potato & Vegetable Selections Bread Roll Lemon Slice, Cream Swirl & Fruit Garnish	Scrambled Eggs & Sautéed Mushrooms & Spinach Toast Bag Diced Watermelon Cups & Ice Cream Pot	Chilli Con Carne (Mild) & Rice Fresh Potato & Vegetable Selections Bread Roll Stewed Apple & Custard

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## Autumn Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Tea</b>	Pumpkin Scones	Turkish Pizza Bread Fruit Platter	Cheese Twists	Apricot & Ginger Slice Fruit Platter	Sandwiches (Ham & Cheese, Egg & Lettuce, Salmon)	Orange Cake	Mini Meat Pies Tomato Sauce
<b>Lunch</b>	Quiche Spinach & Bacon Seasoned Potato Chips Seasons Side Salad, Beetroot	Braised Beef Olives Mashed Potato Zucchini Bake, Peas, Carrots	Lamb Apricot And Chickpea Curry Steamed Rice Green Beans, Braised Cabbage, Sweet Potato	Pickled Pork Mustard Sauce Mashed Potato Crumbed Sweet Potato, Beans, Broccoli	Panko Crumbed Fish Lemon & Tartare Seasoned Potato Chips Coleslaw, Seasons Side Salad, Beetroot	Beef Rissoles In Mushroom Sauce Three Cheese Potato Bake Pumpkin, Peas, Cauliflower	Roast Chicken Maryland Gravy Roast Potato Green Beans, Citrus Carrots, Sweet Potato
<b>Dessert</b>	Caramel Pears & Ice Cream	Coconut Mocha Slice Cream Swirl & Strawberry	Homemade Apple Berry Streusel Slice With Whipped Cream	Fresh Cut Melon Trio & Ice Cream	Plum Clafoutis & Cream Mint Garnish	Jelly & Marshmallow Slice Fruit Garnish	Choc Dipped Profiteroles, Whipped Cream & Choc Sauce Mint Garnish
<b>Supper</b>	Baked Fish & Cheese Sauce Fresh Potato & Vegetable Selections Bread Roll Cherry & Sultana Slice	Cauliflower & Cheese Soup Ham & Salad Sandwich Mini Muffin & Kiwifruit	Ham Steak & Pineapple Fresh Potato & Vegetable Selections Bread Roll Pannacotta & Cream Swirl Fruit Garnish	Farmhouse Soup Salmon & Cucumber Sandwich Banana & Ice Cream Pot	Vegetable Lasagna Fresh Potato & Vegetable Selections Bread Roll Apple Crumble & Ice Cream Pot	Shepherds Pie Fresh Potato & Vegetable Selections Bread Roll Frog In The Pond	Corned Silverside & Horseradish Sauce Fresh Potato & Vegetable Selections Bread Roll Apricot & Ginger Slice

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## Autumn Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Tea</b>	Iced Banana Cake	Homemade Date & Walnut Slice Fruit Platter	Jam & Coconut Slice	Coffee Cake With Dusted Icing Sugar Fruit Platter	Choc Chip Oat Slice	Apple Tea Cake	Spring Rolls & Dim Sims Dipping Sauce
<b>Lunch</b>	Baked Fish & Parsley Sauce Piped Duchess Potato Broccoli, Pumpkin, Carrot Rin	Minted Braised Lamb Steaks Mashed Potato Sautéed Baby Spinach, Sweet Potato, Peas	Chicken A La King Hasselback Potato Broccoli, Cauliflower, Braised Cabbage	Bangers & Mash Gravy Mashed Potato & Onion Rings Peas, Fresh Asparagus, Pumpkin	Battered Fish Lemon & Tartare Seasoned Potato Chips Seasons Side Salad, Coleslaw, Beetroot	Mild Beef Curry & Vegetables Steamed Herb Rice Broccoli, Beans, Sweet Potato	Roast Leg Pork Gravy & Apple Sauce Rosemary Roasted Potato Minted Peas, Roast Pumpkin, Roasted Carrots
<b>Dessert</b>	Individual Set Pineapple Flummery & Cream Swirl Passionfruit Sauce	Apple Brown Betty With Custard	Mixed Sweetened Berries & Ice Cream Mint Garnish	Hummingbird Cake & Cream Orange Twist Garnish	Rhubarb & Syrup Pudding With Custard	Crumbed Banana Fritter & Ice Cream Caramel Sauce & Dusted Icing Sugar	Bread & Butter Pudding With Ice Cream
<b>Supper</b>	Late Breakfast Scrambled Egg, Bacon & Tomato Toast Bag Jellied Fruit & Custard	Pea & Ham Soup Turkey, Cheese & Cranberry Sandwich Apricots & Yoghurt	Salad Bowl (Cold Meat & Salad) Bread Roll Choc Cake & Ice Cream Pot	Barley & Vegetable Soup Pastrami, Cheese & Mustard Sandwich Two Fruits & Ice Cream	Chicken Stroganoff Fresh Potato & Vegetable Selections Bread Roll Sliced Peaches & Custard	Corned Beef Hash Cakes Fresh Potato & Vegetable Selections Bread Roll Coconut Slice & Melon Wedge	Smoked Cod & Cheese Sauce Fresh Potato & Vegetable Selections Bread Roll Pears & Custard

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## Autumn Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Tea</b>	Homemade Lemon Slice	Choc Chip Muffin Fruit Platter	Banana Scones With Butter	Homemade Caramel Slice Fruit Platter	Sao With Tomato & Cheese	Mini Assorted Muffins	Iced Orange Cake
<b>Lunch</b>	Honey Soy Chicken Drumsticks  Three Cheese Potato Bake  Tossed Tomato & Garden Salad	Roast Beef Red Wine Jus  Potato Rosti  Cauliflower, Pumpkin, Green Beans	Corned Silverside & Horseradish Sauce  Piped Duchess Potato  Peas, Broccoli, Honey Carrots	Sausage Chasseur  Mashed Potato  Pumpkin, Braised Cabbage, Butter Beans	Crumbed Whiting Lemon & Tartare Fillets  Seasoned Potato Chips  Tuscan Bean & Chive Salad Beetroot	Chicken Parmigiana (Ham, Napoli & Cheese, Crumbed Chicken Schnitzel) Mashed Potato  Sauté Potato & Bacon, Sweet Potato, Peas, Roast Parsnip	Baked Ham Slices & Mustard Gravy  Roast Potato  Beans Cauliflower Carrots
<b>Dessert</b>	Peach Melba  Ice Cream & Melba Sauce	Chocolate Fudge Slice  With Cream & Fruit Garnish	Creamed Rice & Pineapple	Apricot & Oat Crumble & Custard	Crème Caramel  Mint & Strawberry	Jelly & Custard  Dusted Nutmeg	Fresh Cut Fruit Salad  With Yoghurt
<b>Supper</b>	Ham & Egg Tart  Fresh Potato & Vegetable Selections  Bread Roll  Apple Tea Cake & Fruit Garnish	Broccoli & Cheese Soup  Chicken, Cheese, Lettuce, Mayo Sandwich  Whole Fruit & Ice Cream Pot	Fish & Potato Pie  Fresh Potato & Vegetable Selections  Bread Roll  Diced Watermelon Cups & Ice Cream Pot	Chicken Soup  Curried Egg & Lettuce Sandwich  Lemon Slice & Cream Swirl  Fruit Garnish	Pasta Bowl (Penne Pasta With Bolognese Sauce & Parmesan Cheese)  Garlic Bread  Bread Roll  Chocolate Cake & Cream Swirl	Curried Sausages & Vegetables  With Rice (Parsley Garnish)  Bread Roll  Sliced Peaches & Yoghurt	Beef Lasagna  Fresh Potato & Vegetable Selections  Garlic Bread  Baked Custards & Cream Swirl  Fruit Garnish

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## Autumn Week 6

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<b>Morning Tea</b>	Choc Dipped Profiteroles	Homemade Fruit Slice Fruit Platter	Sandwiches (Ham & Cheese, Egg & Lettuce, Salmon)	Baked Sausage Rolls With Tomato Sauce Fruit Platter	Sultana Scones With Jam & Cream	Kabana Cheese & Water Crackers	Iced Chocolate Cake
<b>Lunch</b>	Braised Mushroom Steak Mashed Potato Broccoli, Carrots, Zucchini Bake	Savoury Baked Barramundi Potato Rosti Cauliflower, Fresh Asparagus, Pumpkin	Pickled Pork Onion Sauce Mashed Pumpkin Honey, Carrots, Baked Onion	Creamy White Wine Chicken Sauté Potato Yellow Beans, Sweet Potato, Cauliflower	Lemon Pepper Crumbed Fish Seasoned Potato Chips Side Salad, Coleslaw, Beetroot	Egg & Bacon Pies Mashed Potato Broccoli, Carrots, Beans	Roast Leg Lamb Gravy With Mint Jelly Roast Potato Beans, Cauliflower, Carrots
<b>Dessert</b>	Ice Cream Sundae	Butterscotch Cake & Cream Swirl Fruit Garnish	Apple Pie With Ice Cream	Baked Mildura Custard	Sticky Date Pudding & Toffee Sauce	Mousse Cream & Fruit Garnish	Apricot Clafouti & Cream Swirl Fruit Garnish
<b>Supper</b>	Salad Bowl (Chicken Caesar, Including Boiled Egg) Bread Roll Mousse & Strawberry	Cream Of Celery Soup Ham & Cheese Croissants Pannacotta & Cream Swirl Fruit Garnish	Meatloaf & Gravy Fresh Potato & Vegetable Selections Bread Roll Peaches & Yoghurt	Sweet Potato Soup Tuna, Mayo & Lettuce Sandwich Bread & Butter Pudding Ice Cream Pot	Beef & Potato Korma With Rice Fresh Potato & Vegetable Selections Bread Roll Fruit Slice & Melon Wedge	Tuna Patties Fresh Potato & Vegetable Selections Bread Roll Stewed Apples & Custard	Eggs Benedict Two Poached Eggs & Bacon Hollandaise Sauce Toast Bag Orange Cake & Cream Swirl Fruit Garnish

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