



4 August 2020

To all our Seasons residents and Families from Kallangur, Mango Hill, Sinnamon Park, Redbank Plains and Waterford West

As promised in my letter last week, yesterday saw us review the arrangements we have in place limiting the movement of residents and visitors to these communities. As you would be aware, the situation regarding COVID19 is highly volatile and changes almost every hour. The next week will certainly be critical in understanding how we might fare in terms of community transmission and further actions to reduce the risk to the community.

As a result, and consistent with the advice of the Chief Health Officer, we have decided to continue our restrictions. This decision will be reviewed again next Monday 10 August or before if further announcements are made. As soon as we possibly can, we will reduce these restrictions and allow everyone the opportunity to participate in their usual activities again.

In summary:

- We will continue to offer activities within each community to give all our residents something to do;
- Our meals services will also continue (although there may be some individual differences at each community);
- Our ipads are available if residents wish to facetime family;
- If you or your loved one receives care services from an external provider, we ask that only essential services continue to be provided (consider postponing your cleaning service for example);
- Visits to the doctor or other health professionals can also continue; please ask for a mask before you go and make sure you use hand sanitiser when you are out.

I cannot emphasise enough the importance of physical distancing and hand hygiene at this time. Please maintain the 1.5m distance between yourself and others and wash your hands/use hand sanitiser as often as you can. If you feel unwell for any reason, then get in touch with staff and they will look after you.

I am very sorry for any inconvenience this decision is causing. Please be assured that we will keep monitoring the situation as it develops and keep in touch as soon as anything changes.

As always, if you have any questions or concerns please get in touch with your Community Manager or email me on health@seasonsagedcare.com.au.

Kind regards

Tracey Silvester
Tracey Silvester

CEO